

Ingredients

Juvela guarantee that all of our gluten-free foods are made from specially sourced ingredients that are safe to eat as part of a healthy, well balanced gluten-free diet.

At Juvela we use a dedicated gluten-free bakery and approved gluten-free environments to make all our foods.

Gluten-Free Wheat Starch

Many Juvela foods use an ingredient called Gluten-Free Wheat Starch. Made from wheat, it is a suitable substitute ingredient for the production of gluten-free foods as the gluten has been removed. In order for a food to be classed as gluten-free, it must comply with an internationally agreed standard known as the Codex standard. This standard states that all gluten-free foods must be below 20ppm (parts per million) to be considered gluten-free. At this level, the vast majority of people with coeliac disease can safely eat these foods in unlimited amounts.

Gluten-Free Wheat Starch complies with the Codex standard and is often referred to as Codex Wheat Starch. It should not be confused with normal wheat starch which is not gluten-free. We use this ingredient as it produces superior results that most closely resemble the quality of gluten-containing foods in terms of taste and texture which are important factors in adherence to a gluten-free diet.

Pure Oats

Juvela Pure Oats have been specially handled from planting through to production to avoid contamination from other grains. The fields, harvest and production are subject to strict quality control.

Nuts

Our foods do not contain nuts as ingredients, and most are produced in nut free environments, with the exception of the Digestive, Tea and Sweet Biscuits, which are produced in a factory that handles nuts. However, as with most food manufacturers, we cannot give a 100% guarantee that ingredients have not come into contact with other nut-containing ingredients during processing.

Eggs

The majority of Juvela products do not contain egg as an ingredient with the exception of Tagliatelle. However, we cannot guarantee that they are egg free.

Milk and Soya

Some Juvela products do not contain milk or soya as an ingredient. However, we cannot guarantee that they are milk and soya free.

Vitamins & Minerals

Juvela ensure that all the nutrients in our gluten-free foods are at a similar level to their traditional gluten-containing counterparts.

Additional Ingredients

The stabilisers, raising agents and preservatives used are all naturally occurring and contribute to the overall product quality. All our foods are free from genetically modified ingredients.